

Module 1: Introduction to Anatomy and Physiology

Supplies needed for this module: coloring book

Day 1: Read *Student Notes* on pp. v-vii. Peruse the Table of Contents on pp. ix-xiv. Begin reading on p. 1 and stop after completing *Coloring Book Exercise 1.2* and *On Your Own* problems 1.1 & 1.2 on p. 8.

Day 2: Begin at *Homeostasis* on p. 9 and stop after completing *On Your Own* problems 1.3–1.6 on p. 13.

Day 3: Begin at *A Review of Cell Structure and Organelle Function* on p. 13 and stop after completing *Coloring Book Exercise 1.3* and *On Your Own* problems 1.7 & 1.8 on p. 17.

Day 4: Begin at *A Review of Protein Synthesis* on p. 17 and stop after competing *On Your Own* problem 1.9 on p. 21.

Day 5: Begin at *The Plasma Membrane* on p. 21 and stop after completing *On Your Own* problem 1.11 on p. 26.

Day 6: Begin at *Membrane Transport Processes* on p. 27 and finish the module, which ends on p. 31.

Day 7: Do Study Guide questions 1-9 on p. 34 and have them checked. Begin studying for the test.

Day 8: Do Study Guide questions 10-21 on p. 35 and have them checked. Continue studying for the test.

Day 9: Study for the test, which will be administered on Day 10.

Day 10: Take Module 1 test. Make sure you have the supplies for Module 2.